Tantra at Khajuraho

24-30th of November 2017

with Ananda Sarita & Anahata

Experience Sacred Rituals, Initiations and ceremonies at the birth place of Tantra

This is one of the rare opportunities to plunge into the heart of Tantra at its birth place Khajuraho. An ancient city was built for the single purpose, to evolve by using Tantric methods. During this week you have the rare chance to meditate, experience sacred rituals and daily tours at the Temples of Khajuraho. Meditations and Rituals are offered in the mornings and evenings with temple tours in the afternoon.

Our tour guide for these temples is Swami Ganga, a renowned expert on Khajuraho, he will share some of the secret Tantric teachings, which got passed on to him directly by Osho.

About Khajuraho

1000 years ago Tantra was a tremendously alive phenomenon. Thousands of Tantrikas came to this city of temples from all over India and even from faraway countries. Khajuraho has been the “Mecca” of the Tantric adepts. In these Temples tantric initiations and rituals under the guidance of ancient Tantric Masters took place. Nowadays Khajuraho and its temples is a touristic attraction with thousands of visitors. The ancient secret rites and rituals seem to have faded and only the temples and statues bear witness of a different time, a time full of worship, devotion, dance, sacredness and meditation. With the right guidance and Osho’s wisdom shared through Sw. Ganga we are still able to see and connect to the splendor and grandeur of that time.

Experience the whole scenery getting reawakened and revived with the sacred and the mystery.

Osho Says about Khajuraho:

If you meditate there, you will know what the Tantra masters were doing. They were creating in stone something that is felt in the ultimate orgasmic joy. It was the most difficult thing to do, to bring ecstasy into the stone. And if the stone can show the ecstasy, then everybody can move into that ecstasy easily. But people who go to Khajuraho are foolish people. They look either at Khajuraho sculpture as obscene — then they miss the whole point, then they are seeing something which is within their own unconscious; or they are too moralistic — then they don’t meditate on any statues, they are in a hurry to get out of the temple somehow, they just throw glances. Khajuraho sculpture is not just to see, it is for meditation.

Sit silently and meditate for hours. If one goes to Khajuraho, one should live at least for three months there, so he can meditate on each possible inner posture of orgasmic joy. And then, slowly slowly, the atonement, slowly slowly, the harmony; then suddenly you are transported into another world — the world of those mystics who created this temple. This is objective art. OSHO

Booking and contact  premtanmaya@hotmail.com

www.tantra-essence.com
Ma Ananda Sarita

is a world renowned Tantra master and mystic offering courses, retreats and trainings throughout the world. Having received a direct transmission from Osho, she is true to the spiritual essence of Tantra and guides her students on the path of self-realisation. At the same time, she helps people to transcend the psychological issues which are carried as a result of cultural conditioning and past experiences. She is also a master healer, author and consultant. She met Osho in Mumbai India at the age of 17, and subsequently remained in his community for the next 26 years, receiving much personal guidance from him on the subject of Meditation, Tantra, Love and Relationship. She established a School devoted to Tantra called Tantra Essence. She is author of two books on Tantra and also publishes a monthly newsletter and numerous articles in a wide range of magazines. She has developed multiple workshops and trainings. Sacred Sexuality is one of them, which she is teaching internationally.

www.tantra-essence.com
FB: https://www.facebook.com/MahasatvaaMaAnandaSarita/

Swami Anahata

Through teaching Tantra he shares his overflowing joy of self transformation and meditation. He blends eastern mysticism and western therapy in a holistic approach - uplifting for the soul and grounded in the body. He has worked in the corporate world for several years, before re-inventing himself. He has studied meditation and Osho Meditative Therapies for many years and has also apprenticed with Sarita in Tantra Essence for 7 years. Anahata is trained in Mystic Tantra Massage and also offers the Sex to Superconsciousness Training, Sensual Awakening Retreat, Mens Work, Soulmate Training, Tantra Dance events and the Tantra Teachers Training together with Ananda Sarita. He offers Tantra courses in India and Europe
His rich life experience makes his transmission of Tantra contemporary and yet profound. Recently he created his own Tantra Brand Tantra-Earth. It is Anahatas` vision to bring Tantra back to his birthplace India.

www.tantra-earth.com

Swami Ganga

Swami Ganga met Osho in the 1960's and subsequently, became his guide during Osho's many visits to Khajuraho. By luck, chance or destiny, while still a teenager, Swami Ganga found himself in the hands of one of the greatest Tantra Masters ever born. Osho proceeded to offer Ganga a powerful transmission on the nature of Khajuraho, including it's original intent, it's esoteric history and also about each aspect of the symbolism of these magnificent temples. Swami Ganga gave tours in these temples for 45 years, before going into half retirement. He currently devotes his time between running his Harmony Hotel in Khajuraho and offering his sublime presence and wisdom to groups of seekers who come from all over the world, to drink in his eloquent wisdom.

watch a video with him here https://www.youtube.com/watch?v=hURf9WWRKQM

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www.tantra-essence.com
Hotel Harmony Khajuraho

At hotel harmony you will find a mixture of organic, ecological, ethical and modern influences that combines refinement and harmony. The garden and courtyards provide a perfect setting with green lawns and cozy corners, having a Spanish ambience for a relaxing visit. The choice of accommodation includes 45 elegant well appointed rooms with private balconies overlooking natural beauty with Lotus Pond and greenery which gives endless relax and peace.

We offer a comfortable stay with the following features, common to all rooms:
- Well lit and ventilated rooms overlooking courtyards or gardens.
- Aesthetically pleasing décor, with traditional frescoes and paintings.
- Direct dial facility from all rooms.
- Wheelchair access to select rooms and public areas.
- Special emphasis on cleanliness and hygiene.
- All deluxe rooms have a refrigerator, hair dryers and tea/coffee makers; most have a balcony.
- We provide tastefully furnished rooms offering all comforts and luxuries. Ample sunlight, fresh air and quiet environs make it an ideal place to stay.

Each room is aesthetically designed and well ventilated.

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<th>Fees and Prices</th>
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<tr>
<td><strong>Accommodation Prices per person per night including breakfast, lunch and dinner</strong></td>
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<td>Double Occupancy 2000 INR app 30€ per day</td>
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Rooms will be shared with the same gender. 
If you have a special request please write an email premtanmaya@hotmail.com

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<tr>
<th>Travelling to Khajuraho</th>
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<tr>
<td>Travels have to be arranged individually Khajuraho is about 650 kilometres south of New Delhi, Indias `capital.</td>
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Khajuraho is about 1 hour flight from Delhi or an overnight journey by bus or train |

To book your journey we suggest the following trusted websites:

| BUS: www.redbus.in | FLIGHT: www.cleartrip.com | TRAIN: www.irctc.co.in |

| Booking and contact | premtanmaya@hotmail.com | www.tantra-essence.com |
About Tantra

Tantra is a life approach, which integrates sexuality, emotions, the senses, love and consciousness. The exploration and refinement of the full spectrum of human experience using Tantra offers a very rich and varied path of personal development and the opportunity to unveil our true nature as divine human beings. We do not include sexual union as part of the singles course structures. We do however aim to have a balance of male and female participants to facilitate the exercises that use the energy dynamic between men and women. Couples are welcomed and respected. A sensitive and caring environment is created for discovering, healing, understanding and celebrating our whole being in its many facets. We offer Tantric practices and individual/partner/group exercises, which may include dance, massage, breath, emotional work, sharing, guided journeys, meditation and sacred ritual. This brings powerful transformation to sensual expression and to the way we relate to others and ourselves.

Info & Booking
premtanmaya@hotmail.com
www.tantra-essence.com

Facebook Event
https://www.facebook.com/events/1529338220462555/

For now you can get inspired by watching the amazing movie on Khajuraho here
http://theloveplayofthegods.com

Trailer
https://www.youtube.com/watch?v=RKGO39gh1AM